**ASMA NISAR**

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**[asma47nb@gmail.com](mailto:asma47nb@gmail.com)**

**CAREER OBJECTIVES:**

I have an MPhil in Social science (Psychology) from TISS, Mumbai and am currently working on my PhD thesis. My research interests lie in Social Psychology especially exploring and understanding Identity formation and dynamics. Through a career in research and teaching, I hope to make a meaningful impact in the field of Psychology as well as motivate critical young minds. I continuously strive to improve my teaching pedagogy and make my classroom space inclusive and safe for students.

**EDUCATION:**

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| --- | --- | --- | --- | --- |
| **Degree/ Course** | **Institute** | **University / Board** | **Year of** | **GPA/** |
| **Passing** | **Percentage** |
| PhD. Social Science | Tata Institute of Social Sciences, Mumbai | Tata Institute of Social Sciences, Mumbai | Pursuing | N/A |
| M.Phil. Social Science (Psychology) | Tata Institute of Social | Tata Institute of Social | 2018 | 7.1 |
| Sciences, Mumbai | Sciences, Mumbai |
| M.A. Applied Psychology | Jamia Milia Islamia | Jamia Millia Islamia | 2015 | 8.81 |
| BA(H) Psychology (**Gold** | Jamia Millia Islamia | Jamia Millia Islamia | 2013 | 70.2 |
| **Medalist**) |
| Higher Secondary | Delhi Public school, | CBSE | 2010 | 67.1 |
| Srinagar |
| (12th) |
|  | J&K |
| Senior Secondary | Presentation Convent | JKBOSE, Srinagar | 2007 | 90.2 |
| (10th) | School, Srinagar, |
| J&K |

**EXPERIENCE:**

* Presently working as Assistant Professor (ad hoc) in the Dept. of Psychology at Jesus and Mary college, University of Delhi
* Worked as Guest faculty at Gargi College, Delhi University (Nov 2021-July 2022)
* Worked as Full-time visiting faculty (Assistant Professor) in the Dept. of Human Studies, Ambedkar University, Delhi (Feb 2019-June 2020)
* Academic Counsellor at IGNOU (Regional Centre- Jamia Millia Islamia) for B.A (Psychology) since August 2019.
* Member of Stanford University’s survey team as part of research project “Assessing and Improving Engineering Education Program” in India from Oct 22 - Nov 15 2017
* Completed 3 months internship at Fortis Escorts Institute of Heart and Research Centre under the supervision of Clinical Psychologist Dr. Bhavna Barmi (Sept- March 2013).
* Completed field training at The Hospital of Psychiatric Diseases, Srinagar (Govt. Medical College) June 2014.
* Worked with STAPOO (A private organization working with children in New Delhi) and Conducted workshops and counselling sessions for parents of primary school on Child Sexual Abuse in New Delhi.
* Conducted On-Site counselling sessions in HCL, Noida as intern to Dr, Bhavna Barmi (Fortis Escorts).

**ACHIEVEMENTS:**

* Qualified UGC NET exam December 2015 for Assistant Professor
* Qualified UGC SET exam (Jammu & Kashmir) May 2016 for Assistant Professor
* University topper (1st rank) for the academic years 2010-11; 2011-12 and 2012-13
* **Gold Medalist** of 2013 batch (B.A Hons. Psychology) at Jamia Millia Islamia University, New Delhi
* Secured 2nd rank in M.A. Applied Psychology in Jamia Millia Islamia University (2013-2015 Batch)
* Received Monetary scholarship from Jamia Millia Islamia for securing 1st rank in 1st 2nd and 3rd year of Graduation
* Received monetary scholarship from Jamia Millia Islamia for securing 2nd rank in M.A Applied Psychology (2015 batch)
* Awarded best paper presentation award at the International conference of Indian Academy of Health Psychology (ICIAHP) held at the University of Jammu, Jammu (6-8, December 2015)

**RESEARCH PUBLICATIONS:**

* Co-authored a research paper “Social Adjustment and Life Satisfaction among Physically Challenged Individuals” which was published in the journal “Gorakhpur Social Scientist” Vol- V, No 1 &2, June and December 2014, ISSN 0976-8521
* Co-authored a research paper titled "Quality of Life, spirituality and social support among caregivers of cancer patients" published in the IOSR journal, Vol:10, Issue:6 ISSN no:2320-3331
* Co-authored a published research paper titled "Expressed Emotion and rumination as predictors of Post-traumatic Growth among child sexual abuse survivors" with ISBN no:978-93-80570-99-0
* Co-authored a research paper titled "The effect of Spousal bereavement, retirement anxiety and perceived emotional support on hypochondriasis among older adults," published in the journal "Psychological Issues and Interventions in Health and Well-being" with ISBN no: 978-93-86777-33-2
* Co-authored a research paper titled "The relationship between thought suppression and anxiety among divorced women" published in the journal "Psychological Issues and Interventions in Health and Well-being" with ISBN no: 978-93-86777-33-2
* Co-authored a research paper titled "Role of Critical Thinking, Optimism about future and learning oriented behaviour on academic performance of high school students,” published in the journal "Indian Journal of Health and Well-being" with ISSN-p-2229-5356 E-23213698 vol. 7, Issue 4, April 2016

**PAPER PRESENTATIONS:**

* Presented a paper at the 3-day international conference on Perspectives on Peace and sustainable Development in a world of conflict at Vivekananda College (University of Delhi), Feb 2020.
* Presented a paper titled ‘Fetters or Freedom: deconstructing the notions around Hijab’ at the 3-day NOAP convention at Pondicherry university in December 2019.
* Presented a research paper titled “Role of Social Context in Shaping Artistic Identity: Narratives of Kashmiri Artists” at the International Conference on Emerging Trends in Psychology organized by the Dept. of Psychology, University of Madras, Tamil Nadu in March 2018.
* Presented a paper titled “Role of Critical Thinking, Optimism About Future And Learning Oriented Behavior On Academic Performance Of High School Students” at the 4thInternational conference on Psychology and Allied Sciences at Goa(16-18 January, 2016).
* Presented a paper titled “Expressed emotions and rumination as predictors of Posttraumatic Growth among Child sexual abuse survivors” in the 3rd International Conference on early Chiuldhood Development: Emerging World, Policies and Practice for Early Childhood Development held at the center for Early Childhood Development and Research, JMI, New Delhi (19-20 November, 2015)
* Presented a paper titled “Quality of Life, spirituality and social support among caregivers of cancer patients” at the 2nd International and 4th National Indian Psychological Science Congress organized by National Association of Psychological Science, held at Dept. Of Psychology, P.G. Govt. College, Chandigarh (8-9 Oct, 2015).
* Presented a paper titled “Life satisfaction among the Physically challenged” at the National Seminar on Health and well-being held at Jamia Millia Islamia (12-13, November, 2014).

**SEMINARS AND WORKSHOPS:**

* Conducted workshops on soft skills (Communication, team work and leadership) in Adani Solars (December 2021- February 2022) as resource person in collaboration with the organization “The Alternative”
* Conducted and moderated a series of workshops (virtually) on Mental Health awareness and sensitization during the Covid -19 pandemic (May- October, 2020) in collaboration with the organization “The Alternative”
* Participated in the National Seminar on Health and Well-being organized by the department of Psychology, Jamia Millia Islamia (Nov 12-13, 2014)

**PARTICIPATION IN FDP:**

* Participated in One-Week Online National Faculty Development Program/Certificate Program on “**Basics of Research and Issues in plagiarism (An Interdisciplinary Approach)**” organized by Guru Angad Dev Teaching Learning Centre, a Centre under PMMMNMTT, Ministry of Education, Government of India and Department of Business Economics, SGTB Khalsa College, University of Delhi (31st May- 6th June, 2022)

**SKILLS AND INTERESTS:**

* Research and writing
* Interpersonal communication
* Proficiency in writing skills
* Team work and collaboration
* Event planning and management
* Optimism and Positive thinking

I hereby declare that the information furnished above is true to the best of my knowledge.

**ASMA NISAR**